# Pre-Departure, Travel and Arrival Guide for International Students





Procedures & Protocols During COVID-19

### Introduction

**Bienvenue!** Welcome to Canada and welcome to the York Catholic District School Board! We eagerly await your arrival and look forward to having you join our YCDSB family.

The information we are providing is to prepare you for your travel to Canada. The protocols herein ensure that you will not be denied entry into Canada once you arrive. Our priority is your health and safety, as well as that of our host families, schools, and communities. We are obligated to follow the regulations and recommendations set out by the Canadian government and the government of the province of Ontario, as well as loval public health authorities.



## Pre-Departure Protocol and Tips

#### What to do before boarding the plane

**Contact your host family:** introduce yourself & get to know them, (Zoom and Skype can be used to be live and in person...virtually)







HELLO !



**Download the ArriveCAN app** from the Government of Canada - an Immigration Officer will ask to see the information you complete on the app



## **Airport Tips**

### Health precautions to follow

Keep 2 meters apart from other travellers.

Wear non-medical masks or face coverings in the airport and when boarding the plane.

Use alcohol-based sanitizers and have some with you on the plane.

Sanitize your personal space with disinfecting wipes.

To reduce the spread of germs, cover your mouth and nose with your arm, use a tissue and dispose of it as soon as possible, and wash your hands afterwards.









## **Inside Your Carry-On**

#### What to pack with you:

- ☐ Your passport
- ☐ Study permit
- Custodianship documents
  - Letter of acceptance
- ☐ School documents
- Bost family information
- 2 or more facemasks
- 2-3 bottles of hand sanitizers (12 oz. per bottle)
- 1-2 packages of disinfecting wipes



### **Additional Resources**

#### **Government of Canada - Covid Travel Guidelines**

https://www.canada.ca/en/public-health/services/diseases/2019-novelcoronavirus-infection/latest-travel-health-advice/mandatory-hotel-stay-air -travellers/list-government-authorized-hotels-booking.html#s2

#### **Government of Ontario - Covid 19**

https://covid-19.ontario.ca/index.html

#### **Public Health Ontario**

https://www.publichealthontario.ca/en/diseases-and-conditions/infectious -diseases/respiratory-diseases/novel-coronavirus/public-resources

